



## Secrets of Communication and Self Development

The following publications highlight Dr. Dilip Abayasekara's remarkable work in the field of speech consultation. They are provided free as our way of saying, "Thank you for touring our site." Our hope is that they will help you achieve your goals for effective public speaking and self development.

Dilip Abayasekara, Ph.D., A.S. is a professional speaker, trainer, and speech coach. His focus, through his training company, Speaker Services Unlimited, is to help people discover their own genius and find their path of fulfillment.



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### Free Articles

*by Dr. Dilip Abayasekara, Ph.D., A.S.*

### How A Speech Coach Can Help You

Consider what you want to achieve in public speaking. Is it to shine at your next company speech? Is it to excel at your next Board presentation? Is it to give a great presentation at the upcoming scientific symposium? Is it to be a more successful salesperson? Is it to learn how to be a more effective speech writer? Is it to develop confidence as a speaker? Is it to learn how to deliver a speech without notes? Is it to win a speech contest? Is it to learn how to hold an audience in the palm of your hand?

Trying to reach your goals in public speaking can be like traversing through a strange land to get to an unknown location. Imagine finding a guide who knows the terrain, its ups and downs, dangers to avoid, short cuts, and shows you how to enjoy the journey. A speech coach is like a guide for your journey to reach your specific goal.

But why a speech coach? Can't a spouse or friend or office mate help you the same way? What makes a speech coach particularly suited to be your "guide?" Part of the answer to that question is that a speech coach has special skills and competence in the area of public speaking and communication. The other part of the answer is that a good speech coach has a passion for the art of speaking and a passion for helping others connect to the magic of the spoken art.

An effective speech coach focuses on your advancement, gives you honest feedback, encourages you at all times, and holds you accountable to apply yourself to the coaching process. A speech coach doesn't just fit you into his or her schedule. You are the reason that they are in business!

Besides imparting knowledge and guidance to you on your speaking journey, your speech coach will become an ally to you, a confidant, and a cheer leader. But above all, a great speech coach will teach you to teach yourself. He or she will help you to see yourself and the world with new eyes. Then not only will you reach your speaking goal but you will also see new horizons and new possibilities that you can achieve with your confidence and competence in the art of communication.

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Dilip Abayasekara, Ph.D., Accredited Speaker, is a professional speaker, trainer, and speech coach. His focus, through his training company, Speaker Services Unlimited, is to help people discover their own genius and find their path of fulfillment. Dr. Abayasekara is also an adjunct faculty member of Central Pennsylvania College in Oral Communications and is an adjunct faculty member of Eastern University's School of Professional Studies in the area of Managerial and Interpersonal Communications. He is the author of the book, *The Path of the Genie, Your Journey to Your Heart's Desire*. In 2005-2006 he served as President of Toastmasters International, the world's leading organization that helps people improve their communication and leadership skills. "Dr. Dilip", as he is known to most clients, specializes in private speech coaching. Among his clients have been company presidents, business executives, university professors, scientists, engineers, physicians, elected city officials, members of the clergy, leaders of volunteer organization, and speech contestants.

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